Visiting the MAMT you go through art, architecture, photography, music and traditions of the Mediterranean. It is not just about looking but to get deeply involved with what surrounds you. The key issue is time: the time required not only to watch but to absorb, remember, reconnect with all the artefacts on display for our appreciation: objects, videos, music, photos, documents

It takes time to listen to the explanations that are given for each individual exhibit and to admire them all, it takes time to really understand the real meaning of those videos and documents, and to process the feelings arising out of our exposure to those photographs of war. It takes time to enter the world of the interpretations of space by visionary architects. Thanks to the excellent acoustics of the MAMT you are then invited to enjoy its music, with its richness in tradition. Then, there will be time for a quick look at the library and the newspaper library. Your final reward will be a "true Neapolitan pizza", back to the ground floor, at the Pizza Museum. A place where you can enjoy a few typical

dishes and learn about their origins and traditions

While visiting a museum, we usually pay attention to the artworks In the MAMT it is not so much about looking at, but rather of being be carried away by the History of the Great Sea, by its flowing across countries and centuries, tragedies and peace bringing handshakes. It is about different creeds and religious beliefs, which are felt by their believers with the same intensity. It is about staring at the beauty of what a human being is able to create, and then, the next moment, about the cruelty that the same human being is capable of.

It takes a bit to understand the future makings of sharing a piece of bread with another person, or to recite a little prayer, or simply to admit the existence of the other. It take a little time to realize that we have entered into a piece of history, with its distant past, its present and the future flow of our life.

**Visiting the MAMT** is a unique experience: an unforgettable journey through history, geography and the diversity of cultures around our Great Sea.